

RFS CARE Checklist

1. *Title* – The area of focus and “clinical vignette” should appear in the title 1p

2. *Keywords* – Two to five keywords that identify topics in this case report 1p

3. *Patient Information*

- a. De-identified demographic and other patient information 2p
- b. Main concerns and symptoms of the patient’s presenting illness 2p
- c. Pertinent medical, family, and psychosocial history 2p
- d. Relevant past interventions and their outcomes 2p

Clinical Findings – Relevant physical examination (PE) and other clinical findings 3p

Timeline (optional) – Relevant data from this episode of care organized as a timeline (figure or table). This will not be counted towards the figure/table limit.

Diagnostic Assessment

- . Diagnostic Methods (PE, laboratory testing, imaging, surveys) 3-5p
- a. Diagnostic Challenges 3-5p
- b. Diagnostic Reasoning including a Differential Diagnosis 3-5p
- c. Prognostic Characteristics when applicable

Therapeutic Intervention

- . Types of intervention (pharmacologic, surgical, preventive) 5p
- a. Administration of intervention (dosage, strength, duration) 5p
- b. Changes in the interventions with explanations 5p

Follow-up and Outcomes

- . Clinician and patient-assessed outcomes when appropriate
- a. Important follow-up diagnostic and other test results 5p
- b. Intervention adherence and tolerability (how was this assessed?) 5p
- Adverse and unanticipated events. 5p

Discussion

- . Strengths and limitations in your approach to this case
- a. Discussion of the relevant medical literature 5,6p
- b. The rationale for your conclusions 5,6p
- c. The primary “take-away” lessons from this clinical vignette 5,6p

Patient Perspective (optional) – The patient can share their perspective on their case

Informed Consent – The patient should give informed consent

Educational Interactivity

- . Transitional questions aimed to prime reader’s critical thinking (e.g. What is your leading differential with the following symptoms?; How would you design a focused exam?; What laboratory/diagnostic tests would you consider?)
- a. Describe pathognomonic signs/symptoms, physical exam findings, and/or radiographic findings. 5,6p
- b. Discuss testable features (i.e., describe how this could appear on a board exam). 5,6 p